Thank you Dr Cooper

We're very grateful for how you listened to us, kindly and patiently. You empowered us to support our daughter in her development. You heard our concerns and offered medical options but also empowered us to try our own strategies without jumping to medication. You explained clearly the pros and cons of all the options and gave us plenty of opportunities to ask questions and make an informed choice. We were really helped by your explanation of what a range of "normal" there is, and that it's OK to be uncertain as a parent. You were careful to explain what you will do next and we feel confident to continue by ourselves, as well as reassured that you'll be there to support us along the way. You addressed and helped us adjust our expectations kindly, but also realistically. And most of all you gave us plenty of time to thinkand reflect.

Thank you! We're very glad you are our daughter's GP.